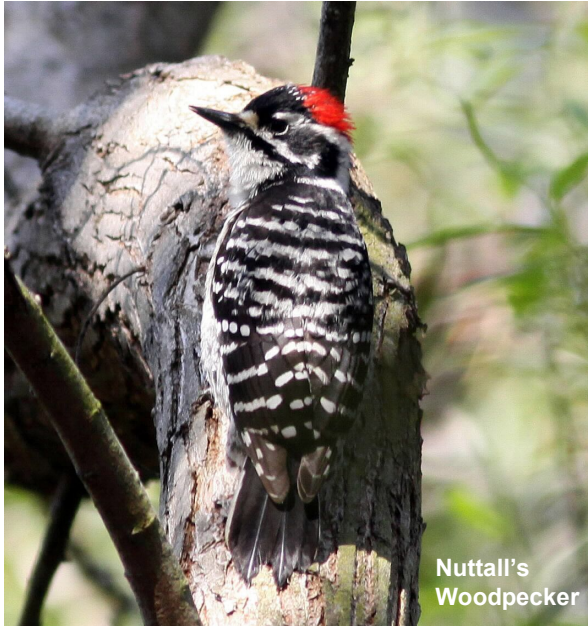


# **GLEN HELEN REGIONAL PARK BIRDLIST**

**DEVORE, SAN BERNARDINO CO., CALIFORNIA**



Nuttall's  
Woodpecker

**Compiled by  
San Bernardino Valley  
Audubon Society**

**2010  
by**

**Brad Singer and Dave Goodward**

This checklist is provided for visitors to the  
Glen Helen Regional Park  
by



San Bernardino Valley  
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## **BIRDS OF GLEN HELEN REGIONAL PARK**

### **Park Facts**

Location: 2555 Glen Helen Parkway,  
San Bernardino, CA 92407  
Open daily: 7:30 A.M. to 5:00 P.M.  
Camping available.

### **Description**

Situated at the base of the Cajon Pass, the 1,340 acre park contains a variety of habitats including two fishing lakes, riparian areas, fields, hills of coastal sage shrub and chaparral, and stands of tall deciduous and evergreen trees. It sits in an optimal position to attract many birds throughout the year, especially migrating birds during spring and fall. The area has been birded since the park's opening in the early 1960s. Dan Guthrie and others of the Pomona Valley Audubon Society were especially active. In 2002, Dan published the original park checklist. Birders from the San Bernardino Valley Audubon Society and elsewhere slowly caught on that Glen Helen is a great place for birds, adding new species to the park list. This current checklist is an updated version of Dan's excellent work. The list includes over 220 species known to have occurred in recent years in the park and its immediate surroundings. The checklist contains information that suggests where, when and how easily a species may be found.

### **Seasonal Migration**

The variety of birds is highest in the fall, when warblers search the trees for insects, large flocks of sparrows are found in the fields, and hawks fly overhead. October is the best month for rare species sought by birders. The park quiets down for wintering species such as American Coots on the lakes and White-crowned sparrows in the shrubbery. Double-crested Cormorants come for the fish, as does the occasional Osprey. Springtime brings flocks of swallows and other migrants back from Central and South America, while Red-winged Blackbirds gear up for breeding in the cattails, and Red-tailed Hawks add to their bulky nests. Nesting is in full swing in early summer for Bullock's Orioles, Lark Sparrows and other species, giving way to the mid-summer lull before fall migration begins once again.

### **Sightings**

Please report any rare bird sightings to the park rangers and/or Inland County Birds at <http://groups.yahoo.com/group/inlandcountybirds>. Also, please report your sightings on eBird @ [www.ebird.org](http://www.ebird.org).

### KEY TO SYMBOLS

#### Frequency

**C = Common-Should be encountered most of the time during the appropriate season**

**U=Uncommon-Should be encountered about 1/4 to 1/2 the time during the appropriate season**

**R= Rare- Rarely seen, but a regular visitor during the appropriate season**

**X= Accidental- Seen fewer than five times in recent years**

#### Seasonal Occurrence

**Winter=December-February**

**Spring=March-May**

**Summer=June-July**

**Fall=August-November**

#### Habitat

**Habitat(s) in which species is most likely to occur.**

**a=aerial**

**c=coastal sage**

**f=open fields**

**l=lake & stream**

**r=riparian**

**t=various tall trees**

**\*=nests in the area**

### CHECKLIST

	Seasonal Occurrence				
	H	W	SP	SU	F
Common Loon	l		X		
Greater White-fronted Goose	l	X			X
Canada Goose	l	C	C	X	U
Wood Duck	l	R			R
Gadwall	l	R	R		R
American Wigeon	l	R			R
Mallard*	l	C	C	C	C
Northern Pintail	l	X			X
Blue-winged Teal	l	X			X
Cinnamon Teal	l	R	R		R
Northern Shoveler	l	U			U
Green-winged Teal	l				X
Redhead	l				X
Ring-necked Duck	l	R			R
Bufflehead	l	R	R		R
Common Goldeneye	l	X			
Common Merganser	l	X			
Hooded Merganser	l	R			R
Red-breasted Merganser	l				X
Ruddy Duck	l	U	U		U
California Quail*	c	U	U	U	U
Pied-billed Grebe*	l	C	C	C	C
Western Grebe	l	X			X

3

### Seasonal Occurrence

	Seasonal Occurrence				
	H	W	SP	SU	F
American White Pelican	l				X
Double-crested Cormorant	l	C	C		C
American Bittern	l	X			
Great Blue Heron	lf	C	C	C	C
Great Egret	lf	C	C		C
Snowy Egret	l	U	U		U
Cattle Egret	f	X			X
Green Heron	l	R	U		U
Black-crowned Night-heron	l	C	C	U	C
White-faced Ibis	l		X		
Turkey Vulture	a	R	U		U
Northern Harrier	a	X	X		
White-tailed Kite	a	X		X	
Osprey	tl	U	U		U
Sharp-shinned Hawk	rc	R	R		R
Cooper's Hawk*	trc	U	U	U	U
Red-shouldered Hawk*	tr	C	C	C	C
Swainson's Hawk	a		R		R
Zone-tailed Hawk	a				X
Red-tailed Hawk*	at	C	C	C	C
Ferruginous Hawk	a	X			
Bald Eagle	at				X
Golden Eagle	at	X	X		X
American Kestrel*	atf	U	U	U	U
Merlin	af	R	R		R
Virginia Rail	r				X
Sora	r	R			R
Common Moorhen	l	X			X
American Coot*	l	C	C	C	C
Killdeer*	f	C	C	C	C
American Avocet	l				X
Greater Yellowlegs	l				X
Spotted Sandpiper	l	U	R		U
Whimbrel	l	X			
Least Sandpiper	l		X		
Wilson's Snipe	r	R	R		R
Ring-billed Gull	a	R			
California Gull	a	R			
Caspian Tern	l			X	X
Common Tern	l		X		
Rock Pigeon (l)*	af	U	U	C	C
Band-tailed Pigeon*	at	X			X

4

	Seasonal Occurrence				
	H	W	SP	SU	F
White-winged Dove	tf				X
Eurasian Collared-Dove	tf	U	U	U	U
Spotted Dove	t				X
Mourning Dove*	tf	C	C	C	C
Red-crowned Parrot	at				X

Greater Roadrunner*	c	R	R	R	R
Barn Owl*	tf	R	R	R	R
Burrowing Owl	fr		X		
Great Horned Owl*	ft	R	R	R	R
Lesser Nighthawk	a		R	R	
Vaux's Swift	a		R		R
White-throated Swift	a	R	U	R	U
Black-chinned Hummingbird*	cr		U	U	
Anna's Hummingbird*	cr	C	C	C	C
Costa's Hummingbird*	c	X	R	R	X
Rufous Hummingbird	rc		R	R	
Belted Kingfisher	l	U			U

Lewis's Woodpecker	t	R			R
Red-naped Sapsucker	t	R			R
Red-breasted Sapsucker	t	R			U
Ladder-backed Woodpecker	t				X
Nuttall's Woodpecker*	t	C	C	C	C
Downy Woodpecker	t	R	R		R
Acorn Woodpecker	t	R			R
Northern Flicker	tf	C	C	C	C

Olive-sided Flycatcher	t		X		X
Western Wood-Pewee	t		R		U
Willow Flycatcher	tr		R		U
Hammond's Flycatcher	tr		R		R
Dusky Flycatcher	tr		R		R
Pacific-slope Flycatcher	tr		U		U
Gray Flycatcher	tr		X		X
Black Phoebe*	rft	C	C	C	C
Say's Phoebe	rf	U	U		U
Vermilion Flycatcher*	tf	R	U	U	U
Brown-crested Flycatcher	rf				X
Ash-throated Flycatcher	rf		U	R	U
Western Kingbird*	tf		C	C	R
Cassin's Kingbird*	t	U	C	C	C

Loggerhead Shrike	cf	R			R
Bell's Vireo	tr		X		
Warbling Vireo	tr		U		C
Cassin's Vireo	tr		R		R
Plumbeous Vireo	tr	X			X

5

	Seasonal Occurrence				
	H	W	SP	SU	F
Steller's Jay	tr	X			
Western Scrub-Jay*	tr	C	C	C	C
American Crow*	at	U	U	U	U
Common Raven	a	C	C	C	C
Horned Lark	f				U

Purple Martin	a		X		
Tree Swallow	a	X	U		U
Violet-green Swallow	a		U		U
Northern Rough-winged Swallow*	a	X	U		U
Bank Swallow	a		X		
Cliff Swallow	a		U	U	U
Barn Swallow*	a		U	U	U
Oak Titmouse*	t	U	U	U	U

Mountain Chickadee	t	C	R		U
Bushtit*	tr	C	C	C	C
Red-breasted Nuthatch	t	X			
White-breasted Nuthatch	t	U	U		U
Brown Creeper	t	R	R		R
Bewick's Wren*	trc	U	U	U	U
House Wren*	tr	U	C	C	U
Sedge Wren	r				X
Marsh Wren	r	X	X		R
Golden-crowned Kinglet	t	X			X
Ruby-crowned Kinglet	t	C	U		C
Blue-gray Gnatcatcher*	cr		U		U

Mountain Bluebird	f	R			R
Western Bluebird*	frt	C	C	C	C
Swainson's Thrush	frt		R		R
Hermit Thrush	frt	U	R		U
American Robin*	frt	C	C	C	C
Varied Thrush	ft				X
Wrentit*	c	U	U	U	U
Northern Mockingbird*	rct	C	C	C	C
California Thrasher*	rc	U	U	U	U
Sage Thrasher	f	X			X
European Starling (I)*	tf	C	C	C	C
American Pipit	f	U			C
Cedar Waxwing	rt	C	U		C
Phainopepla	tr	R	U	U	R

Northern Parula	r				X
Orange-crowned Warbler	rct	R	C		C
Tennessee Warbler	tr				X
Virginia's Warbler	r				X
Nashville Warbler	rct		R		R
Yellow Warbler	rt		C	U	C

6

	Seasonal Occurrence				
	H	W	SP	SU	F
Chestnut -sided Warbler	tr				X
Magnolia Warbler	tr				X
Black-throated Blue Warbler	rt				X
Yellow-rumped Warbler	rct	C	C		C
Black-throated Gray Warbler	rt		C		C
Townsend's Warbler	rt		U		U
Hermit Warbler	rt		R		R
Blackpoll Warbler	rt				X
Yellow-throated Warbler	rt		X		
Black-and-white Warbler	rt				X
American Redstart	rt				X
Ovenbird	rt		X		
Northern Waterthrush	r		X		X
MacGillivray's Warbler	r		R		R
Common Yellowthroat*	r	C	C	C	C
Wilson's Warbler	rt		C		C
Yellow-breasted Chat	r			X	X

Summer Tanager	t				X
Western Tanager	rt		C		C
Rose-breasted Grosbeak	rct				X
Black-headed Grosbeak*	rt		C	R	C
Blue Grosbeak	rt		R		U
Indigo Bunting	rt		X		R
Lazuli Bunting	rt		U		C
Painted Bunting	f				X

Green-tailed Towhee	r		X		X
Spotted Towhee*	rct	C	C	C	C
California Towhee*	rct	C	C	C	C
Rufous-crowned Sparrow	c	R	R		R
Sage Sparrow	c	R	R	R	R
Black-throated Sparrow	c				X
Field Sparrow	f				X
Brewer's Sparrow	ft		X		R
Clay-colored Sparrow	f				R
Chipping Sparrow	ft	U	U		C
Savannah Sparrow	f	R	R		U
Vesper Sparrow	f	R			R
Lark Bunting	f		X		X
Lark Sparrow*	f	C	C	C	C
White-throated Sparrow	r	R			R
Golden-crowned Sparrow	rc	U	U		U
White-crowned Sparrow	rc	C	C		C
Fox Sparrow	r	U	R		U
Song Sparrow*	r	C	C	C	C
Lincoln's Sparrow	r	C	C		C
Swamp Sparrow	r				X
Dark-eyed Junco	rct	C	C		C

7

	Seasonal Occurrence				
	H	W	SP	SU	F
Western Meadowlark*	f	U	U	U	U
Bobolink	rft				X
Brown-headed Cowbird*	ft		C	C	
Yellow-headed Blackbird	rl		X		X
Tricolored Blackbird	rl				X
Red-winged Blackbird*	rl	C	C	C	C
Brewer's Blackbird*	f	C	C	C	C
Great-tailed Grackle*	tr	U	C	U	U
Bullock's Oriole*	rt		C	C	U
Hooded Oriole	rt		R		R

Evening Grosbeak	rt				X
Purple Finch	rt	X			X
House Finch*	rft	C	C	C	C
Red Crossbill	rt	X			
Pine Siskin	rt	R			R
Lawrence's Goldfinch	rtfc	R	R	R	R
Lesser Goldfinch*	rtc	C	C	C	C
American Goldfinch*	rt	U	U	U	U
House Sparrow (l)*	ft	C	C	C	C

Nutmeg Manniken	ft				X
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**NOTES:**

**# OF SPECIES SEEN:**

The San Bernardino Valley Chapter of National Audubon Society meets at 7:00 P.M. on the third Wednesday of each month, September through June, at the San Bernardino County Museum. Beginner's Bird Walks are held at 8:00 A.M. on the first Sunday of each month, September to June, and last about two hours. The public, especially families, are welcome. For information on meetings, memberships or field trips, check our website at <http://www.sbvas.org/>



Lincoln's Sparrow

8